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by Carrie Brown: The KETO Ice Cream Scoop: 52 amazingly delicious ice creams and frozen treats for your low-carb high-fat life

ISBN: #1548020664 | Date: 2017-07-15

Description:

PDF-7da27 | For anyone wanting to feel fantastic without giving up taste, improve their health dramatically, and lose body-fat, this cookbook is crammed with scrumptious ice cream recipes that will help in the quest for improved wellness and increased fat-loss goals. Carrie Brown busted out a legion of ice cream churners to bring you 52 fantastic ice cream recipes + 19 mix-ins to rock your KETO tastebuds an... *The KETO Ice Cream Scoop: 52 amazingly delicious ice creams and frozen treats for your low-carb high-fat life*





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